

October 2016

SLDC

We proudly prepare many of our lunch items from scratch in our Central Kitchen!

LUNCH



Vegetarian Option

Made with
homemade
ingredients

Monday

Tuesday

Wednesday

Thursday

Friday

3

No School

4

**Awesome Apple Chicken
Hot Dog**

5

Cheese Pizza

6

Pasta Bolognese

7

Chicken Tenders

10

Bean & Cheese Burrito

11

Orange Chicken

12

Cheese Pizza

13

Cheeseburger

14

Crispy Baked Chicken

17

Mac & Cheese

18

Bean & Cheese Pupusa

19

Cheese Pizza

20

**Pick Up Stix
House Special Chicken**

21

Chicken Wings

24

Cheese Enchiladas

25

**Awesome Apple Chicken
Hot Dog**

26

Cheese Pizza

27

BBQ Beef w/Roll

28

**Mozzarella Chicken
Sandwich**

31



**Bean & Cheese
Burrito**

